Psychosocial Support Service

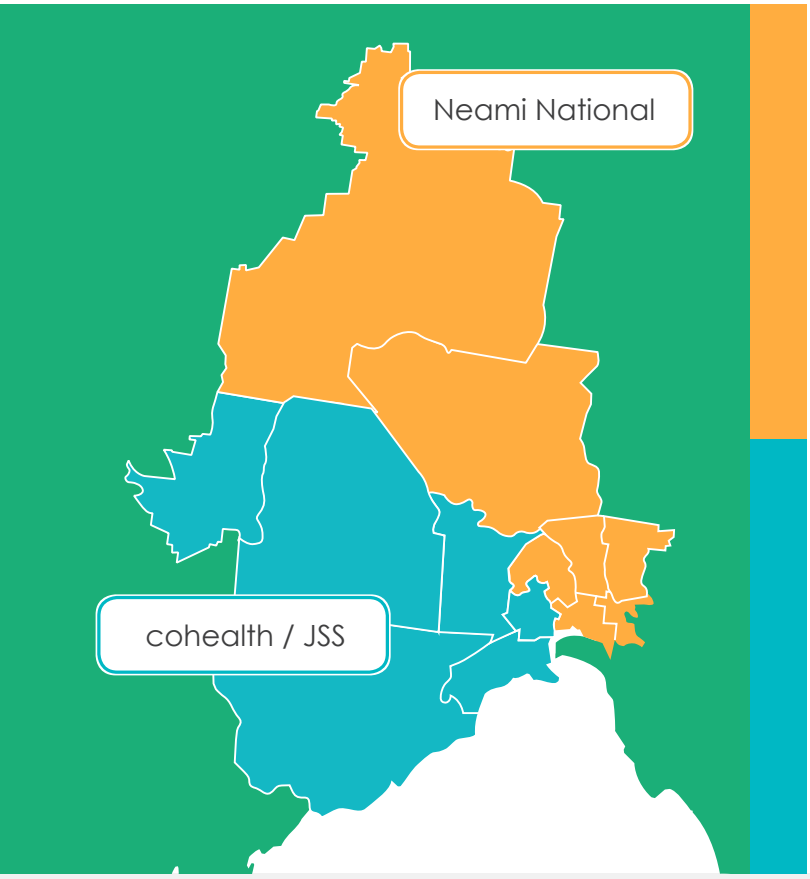
Mental health support in North Western Melbourne

Get support, get connected

The Psychosocial Support Service is for people with severe mental health issues who are not eligible for support by the National Disability Insurance Scheme (NDIS).

Depending on your needs, the length of support can range from 8 weeks to a maximum of 12 months.

Using an evidence-informed, recovery-focused approach, you spend time with an experienced mental health support worker to learn strategies and develop skills that help you build independence and improve your wellbeing.



Accessing the service

The service is available to people over 16 who:

- Are in need of community based mental health support
- Experience severe mental health issues
- Are not eligible for the NDIS
- Live in or are connected to the North Western Melbourne PHN region.

Anyone can make a referral, including:

- self-referrals
- mental health or health services, including GPs
- family members or friends.

North West Region

If you live in or are connected to the Darebin, Hume, Moreland, Yarra, Melbourne, Moonee Valley or Macedon Ranges region call Neami National.

Call 1300 052 588

NorthernMelbournePSS@neaminational.org.au

Western Region

If you live in or are connected to the Brimbank, Hobsons Bay City, Maribyrnong, Melton, Moorabool and Wyndham region call cohealth.

Call 9448 6880

Neami acknowledges the Traditional Custodians of the land we work on and pays its respects to Elders past, present and emerging.

Neami celebrates, values and includes people of all backgrounds, genders, sexualities, cultures, bodies and abilities.

The Psychosocial Support Service at Neami is funded by the Australian Government through North Western Melbourne PHN.

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