

Recommended Reading



Support After Suicide

www.supportaftersuicide.org.au

what to do

Many of the books recommended below will be available in your local library.

For adults

- Baugher, Bob and Jordan, Jack: *After Suicide Loss: Coping With Your Grief*.
- Bialosky, Jill (2011) *History of a Suicide: My Sister's Unfinished Life*. Atria.
- Braun, Noel (2010) *No Way To Behave at a Funeral*. Sid Harta Publishers.
- Clarke, S. (1995), *After Suicide: Help for the Bereaved*. Hill of Content Publishing.
- Cobain, Bev and Larch, Jean (2006) *Dying to be Free: A Healing Guide for Families After a Suicide*. Hazelden.
- de Leo, Diego (2010) *Turning Points: an extraordinary journey into the suicidal mind*. Australian Academic Press.
- Fine, C. (1997) *No Time To Say Goodbye, surviving the suicide of a loved one*. Broadway Books, New York.
- Joiner, Thomas (2007) *Why do people die by suicide*. Harvard University Press.
- Linn-Gust, Michelle (2010) *Rocky Roads: The Journeys of Families through Suicide Grief*. Chellehead Works.
- Lukas, Christopher and Seiden, Henry M. (2007) *Silent Grief: Living in the Wake of Suicide*. Jessica Kingsley Publishers.
- Mackellar, Maggie (2010) *When It Rains... a memoir*. Vintage Books, Australia.
- Myers, M. F. & Fine, C (2006) *Touched by Suicide: hope and healing after loss*. Gotham Books.
- Noel, B. and Blair, Pamela D. (2000) *I Wasn't Ready to Say Goodbye*. Champion Press, Wisconsin.
- Reid, S. K. (2010) *After Life, After You*. Jane Curry Publishing.
- Requarth, Margo (2006) *After A Parent's Suicide: Helping Children Heal*. Healing Hearts Press.
- Ross, E. (2001) *After Suicide: a ray of hope for those left behind*, Perseus Publishing, Cambridge, MA.
- Rubel, B. (1999) *But I Didn't Say Goodbye*. For parents and professionals helping child suicide survivors. Griefwork Press, New Jersey.
- Simolin, A. and Quinan, J. (1993), *Healing After The Suicide Of A Loved One*, Simon and Schuster, New York.
- Styron, W (1990) *Darkness Visible*. Vintage Books, London.
- Wertheimer, A. (2001) *A Special Scar: The Experiences of People Bereaved by Suicide*. Psychology Press.
- Wickersham, Joan (2009) *The Suicide Index: Putting My Father's Death in Order*. Mariner Books.
- Woolley, Belinda & Meemeduma, Pauline (eds.) (2006) *If only: personal stories of loss through suicide*. University of Western Australia Press.

For young people

- Ross, E. (2001) *After Suicide: a ray of hope for those left behind*, Perseus Publishing, Cambridge, MA.

For children

- Cammarata, Doreen (2009) *Someone I Love Died by Suicide: A story for children survivors and those who care for them*. Limitless Press.
- Sands, Dr Diana (2011) *Red Chocolate Elephants: for children bereaved by suicide*. Karridale. (This is a book and DVD, available at the website of Bereaved by Suicide.)
- The Dougy Center (2001) *After a Suicide Death: an activity book for grieving kids*. The Dougy Center, Portland, Oregon.

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