




# serious fun



## WHAT DOES MY GRIEF LOOK LIKE?

**Come along and make grief monsters and healing hearts  
You might like to wear your favourite superhero costume too!**



Intended for primary school aged children who have lost a loved one to suicide, Serious Fun runs in each of the school holidays. Members of the Support After Suicide counselling team and trained volunteers facilitate these sessions. There is usually a theme relating to loss and grief followed by time to play and have fun together.

Children find this to be an enjoyable time of sharing and connecting with others who have lost someone important to suicide.

For more information or to register, please contact Support After Suicide on 1800 943 415 or email: [aftersuicide@jss.org.au](mailto:aftersuicide@jss.org.au)



### WEDNESDAY 10TH APRIL 2024 10AM - 1PM

**St Ignatius Centre Hall  
326 Church Street Richmond  
(behind St Ignatius Church)**

Please note, there is a coffee morning that runs at the same time as Serious Fun for parents to connect in a relaxed environment. Please let us know if you would like to attend.

